

THE UPK EXPERIENCE

Social / Emotional

- ✓ Making good choices
- ✓ Helping others
- ✓ Willing to attempt new tasks
- ✓ Respecting the feelings, rights and property of other people/cultures
- ✓ Playing and sharing with other children
- ✓ Developing appropriate control over own actions
- ✓ Participating in group activities
- ✓ Taking responsibility for own actions and accepting consequences for wrong doing
- ✓ Following school routines and safety rules
- ✓ Observing safe practices on the bus

Self-Reliance

- ✓ Knowing full name
- ✓ Trying his/her best
- ✓ Working out simple problems
- ✓ Dressing independently
- ✓ Demonstrating proper personal hygiene - independently uses tissues, washes hands and uses the bathroom facilities



Work Habits

- ✓ Cleaning up after self
- ✓ Taking care of classroom materials
- ✓ Helping keep classroom in order
- ✓ Following routines independently
- ✓ Taking care of personal belongings
- ✓ Working without disturbing others
- ✓ Completing tasks in a timely manner

Color Recognition

Recognizing and naming: red blue pink
green yellow orange purple brown
black gray white

DEVELOPING SKILLS IN



MATH

Number Sense and Operations

- Counting from memory 1-20
- Randomly recognizing numbers and number names
- Matches and sorts objects by shape, color, size, etc.
- Is able to repeat patterns (repeated designs)
- Count objects in 1-1 correspondence
- Awareness of position words - first, last, middle
- Counts to answer "how many"
- Understands more, less, greater than, fewer or equal to
- Understand addition as adding to, subtraction as taking from
- Describe and compare measurable attributes
- Create and build shapes from components - sticks, clay ...

Geometry

Recognizes Shapes -

Circle ○ Triangle ▲ Square □

Rectangle ▭ Heart ♥

Star ★

Fillmore Central School

PreK



A Typical PreK Student is:

- ◆ Enchanting,
- ◆ Enthusiastic,
- ◆ Curious,
- ◆ Playful and imaginative
- ◆ Developing very basic school readiness skills at very different rates.



Within our UPK classrooms there are children with November birthdays still 3 years old when they begin school, children with December birthdays will be turning 5. The difference in developmental level and skill development expectations is huge for this age span.

In order to assure optimal development and learning in the PreK year it is vital for parents and teachers to work together to meet the individual needs of each child.

DEVELOPING SKILLS



A B C



English / Reading Readiness

- ✓ Speaking clearly: articulation & expression
- ✓ Recites the alphabet (rote memory)
- ✓ Recognizes name in print
- ✓ Can tell the letters in their first name
- ✓ Recognizes and can produce rhyming words
- ✓ Identify /describe similarities/differences
- ✓ Recognizes capital letters
- ✓ Recognizes lower case letters

Listening / Speaking

- ✓ Responding when spoken
- ✓ Expressing ideas in complete sentences
- ✓ Participating in social conversations
- ✓ Asking questions appropriately
- ✓ Taking turns speaking in a group
- ✓ Following one, two and three step directions



Fine Motor

- ✓ Holding a crayon or pencil correctly
- ✓ Printing first name appropriately
- ✓ Holding and using scissors properly
- ✓ Manipulating puzzle pieces

Gross Motor

- ✓ Throwing and catching a ball
- ✓ Walking a balance beam
- ✓ Hopping on right than left foot
- ✓ Skipping
- ✓ Climbing up/down stairs alternating feet



You are the best Teacher at Home

Parents have the best job ever! You get to spend a lot of quality time with your child every day. Reinforcing the things your child is learning in school will make a tremendous difference in your child's success in school.

Ideas for being the teacher at home:

- ♥ Play "I see something . . . red . . ."
- ♥ Count anything
- ♥ Sing the Alphabet song
- ♥ Talk together about anything
- ♥ **Read**
- ♥ Work on simple puzzles
- ♥ Play rhyming word games
- ♥ Eat meals and talk together
- ♥ Celebrate family traditions and explain why they are important
- ♥ Be the role model of a good citizen
- ♥ **Read to your child**
- ♥ Share "adventures" big or small
- ♥ Listen to your child
- ♥ Talk about making healthy choices and be the role model
- ♥ Spend time walking and talking about the world around you
- ♥ **Read to your child**
- ♥ Encourage friendships with other children
- ♥ Be patient as your child learns new things
- ♥ Provide positive words/rewards for good behavior
- ♥ Ask questions and answer your child's



- ♥ Be consistent and follow through with consequences or promises
- ♥ Give your child as many different experiences as possible (dig in the dirt - What can you find?, watch a slug, cut an apple horizontally and see the star inside, play with shaving cream, mix cornstarch and water - WOW!,
- ♥ Get outside - experience the sights, sounds, and scents of fall, winter, spring . . .
- ♥ Encourage curiosity
- ♥ Make sure you have 1-on-1 time with each child

♥ Read to your child

- ♥ Turn off the TV/Video games and encourage your child's imagination in play
- ♥ Use a wealth of vocabulary
- ♥ Get your child a library card and visit the library often
- ♥ Play outside - in your yard . . . the park . . . at the school . . . exercise those young muscles

♥ Read to your child

- ♥ Practice identifying colors
- ♥ Throw and catch a ball, jump, hop, skip . . .

♥ Read !

- ♥ Remember that you are your child's most important role model - he/she will follow your lead and do as you do

♥ Read to your child every day